



Employment Opportunity

Senior Mental Health Counsellor, Foundry Penticton Full-time, Regular

Job Title: Senior Mental Health Counsellor

Competition #: FOU 2024 02 07 SMHC

Closing Date: Friday, March 8, 2024

Overview

[Foundry BC](#) is a provincial initiative to expand access to mental health care, substance use services, primary care, social services, and peer supports for young people across BC through a branded network of “one-stop shop” centres. By bringing together a variety of health and social services under one roof and working in partnership with young people and families, Foundry Penticton helps young people get the help they need when they need it.

OneSky Community Resources, as the lead agency, works with community partners to provide a range of counselling and healthcare services for youth aged 12 to 24 at Foundry Penticton. Reporting to the Foundry Penticton Team Leader, the Senior Mental Health Counsellor is the clinical lead at Foundry Penticton, and is responsible for providing intake, assessment, treatment, and crisis intervention to young people and families.

Compensation

We provide a competitive salary, comprehensive health and wellness benefits, a great pension plan (Municipal Pension Plan) and a supportive, collaborative, and fun work environment. This is a full-time, permanent position with a typical schedule of 35 hours per week. Salary range is \$43.20 to \$50.40 per hour and will be commensurate with experience and education.

Job Summary

The Foundry Penticton Senior Mental Health Counsellor, in collaboration with the Foundry Penticton Manager, provides intake, assessment, treatment and crisis intervention to youth aged 12-24 attending Foundry Penticton. They will be a member of the Foundry Penticton integrated health care team, working alongside partner organizations to ensure that persons experiencing substance use problems/disorders, concurrent substance use, and complex mental health problems have access to timely, responsive evidence-based treatment and clinical supports. The Senior Mental Health Counsellor will liaise closely with other clinicians and service providers to assess, identify, treat and respond to urgent crises of the most complex clients coming to Foundry Penticton.

The Senior Mental Health Counsellor, in collaboration with the Foundry Penticton Manager, will provide advanced practice level clinical interventions, establish supportive and trusting relationships that reduce risk, and promote positive choices within a stepped care model. Foundry Penticton is an integrated youth and young

adult service delivery model collaborating with primary health, mental health, substance use, social services, and peer support.

The Senior Mental Health Counsellor, in collaboration with the Foundry Penticton Manager, provide clinical leadership for the development, delivery and evaluation of services, outcomes and care planning for the effective utilization of resources through a systems and integration perspective. They act as a clinical resource to staff, students and inter-professional team members, facilitate effective problem solving and promote collaboration.

Key Duties and Responsibilities

- Provides intake screening, assessment, and treatment planning as part of an interdisciplinary team.
- Provides individual, group and family counselling for persons with substance use problems/disorders, concurrent substance use, and complex mental health problems, complementing services offered by Foundry Penticton partner organizations.
- Employs advanced practice interventions such as DBT, CBT, motivational interviewing, case conferencing, and other evidence-based therapeutic modalities; evaluating the clinical results in collaboration with Foundry clinical team partners.
- In collaboration with the Foundry Penticton Manager, leads regular clinical consultation and supervision of on-site clinicians in Foundry.
- In collaboration with the Foundry Penticton Manager, co-develops clinical policies and processes with Foundry Penticton staff and partner agencies.
- Maintains currency with research findings that support youth and young adult mental wellness, particularly in the area of substance use and concurrent disorders.
- Provides crisis intervention and support to youth and their families.
- Refers youth and their families to other services, residential programs, and support groups as required.
- Collaborates and consults with other service providers to provide needed services to youth and families.
- Maintains computerized client records.
- Liaises with and/or promotes the interests of clients with other community service providers, professionals, and school personnel.
- Performs other related duties as required.

Qualifications and Experience

A Master's Degree in Counselling Psychology or a related human/social service field is required. Registered as a Clinical Counsellor with the BC Association of Clinical Counsellors is required. Specialization in Substance Use Counselling and treatment modalities is preferred. Two year's recent related experience in an alcohol and drug treatment environment or an equivalent combination of education, training and experience. Two years experience providing clinical supervision to clinical staff is preferred.

A minimum of two years recent related experience, which should include:

- Experience in the treatment of high-risk youth and young adults who struggle with mental health and substance use issues and complex mental health disorders, in a counselling capacity.
- Understanding of mental health, addiction and other abuse issues and current treatment methodologies, intervention strategies, the change process, and community dynamics.
- Demonstrated ability to complete screening and comprehensive assessments for mental health, substance use, suicide, and a range of behavioural risks.
- Demonstrated ability to work constructively and cooperatively in a team setting and as part of multi-disciplinary team.

- Demonstrated ability to use evidence based tiered interventions, such as Motivational Interviewing, DBT, CBT, Change and Systemic strategies for youth presenting with mental health, substance use and other risks.
- Demonstrated familiarity with the diagnostic criteria of the DSM-5.
- Solid understanding of human services ethics regarding confidentiality and appropriate boundaries.
- Knowledge of harm reduction and trauma informed practice.
- Ability to maintain a calm professional approach in crisis situations.
- Knowledge and experience with case recording practices.

Or an equivalent combination of education, training and experience.

Other Skills and Abilities

The Senior Mental Health Counsellor must:

- Possess excellent communication and interpersonal skills, and the ability to work in ambiguous situations with comfort, creativity, and compassion.
- Demonstrate the highest levels of cultural competency.
- Have the ability to work with any client who is referred.
- Have the ability to work with values and behaviours that are very different from those of the employee.
- Ensure that personal values and beliefs are not insinuated, promoted, or imposed on the clients.
- Have a positive conviction about the capacity of people to grow and change.
- Ability to communicate effectively with clients, families, the public, medical staff, and members of Foundry clinical and operational teams using verbal, written and computer communication.
- Have the ability to work in partnership with other team members, including referring authorities.
- Have the ability to recognize persons with special needs and make appropriate referrals.
- Have computer and internet skills.

Other Requirements

- The counsellor must be able to work flexible hours to accommodate work in hours of Foundry Penticton, which may include evenings and weekends.
- Driving is required to attend meetings and to enable contact with clients at home or in the community. The counsellor must have a valid driver's license and access to safe, reliable transportation, and must obtain appropriate insurance as per OneSky Community Resources policy.
- Two completed, acceptable criminal record checks, one from the Criminal Records Review and one from the RCMP.
- The Senior Mental Health Counsellor will follow the Mission Statements and Code of Ethics of OneSky Community Resources and be versed in the Code of Ethics of the BC Association of Clinical Counsellors, Canadian Counselling and Psychotherapy Association or the BC College of Social Workers.

To Apply

Quote Competition # **FOU 2024 02 07 SMHC** and submit your resume and cover letter to resumes@oneskycommunity.com.

OneSky Community Resources is an equity employer and encourages applications from members of equity seeking groups who may contribute to our further diversification.

We wish to thank all applicants for their interest; however, only those selected for interviews will be contacted.